

# How to sign up for Mr. Portenga's A.p. psych notifications



Send a text message to: (323) 825-5552

With the message: @appsy



or



Send an email to: [appsy@remind101.com](mailto:appsy@remind101.com)

(leave the subject and body blank)

**To:**

**Subject:**

remind101 Inc., a safe way for teachers to text message or email students and parents. Standard text message rates apply.

Learn more at [www.remind101.com](http://www.remind101.com)

